

Neuroaffirming Counsellors /Therapists and supporting Agencies

By including individuals/organisations here, I am in no way endorsing their services. Most are not directly known by myself, they are included here as a signpost to support. I have tried to include Neurodivergent and Neuroaffirming individuals.

This initial resource focuses upon those in the County of Cornwall

National

[Awakened Neurodivergence | Facebook](#)

[Home - Counselling Uxbridge & Online | Liz Driscoll Therapy](#)

[HY Counselling in Fareham, Hampshire](#)

[Therapist Neurodiversity Collective - Therapy, Advocacy, Education \(therapistndc.org\)](#)

[Home - Neurodivergent Practitioners Directory](#)

[PDA Pathological Demand Avoidance Families & Practitioners | Facebook](#)

[The Autistic Talking Therapist](#)

Cornwall based

[John Walter – Counsellor – Writer \(johnwaltercounsellor.com\)](#)

[Space to Breathe – Eating Disorders, ARFID, ADHD, Childhood Trauma, Self harm & PTSD \(spacetobreathetherapy.co.uk\)](#)

[Pegasus - Men's Wellbeing Centre | Mental Health Support \(pegasusmenswellbeing.co.uk\)](#)

Support Agencies Cornwall

[Samaritans | Every life lost to suicide is a tragedy | Here to listen](#)

[Mind Cornwall — for better mental health - Mind Cornwall — for better mental health \(cornwallmind.org\)](#)

[Request help for an adult - Cornwall Council](#)

[Contact Us - Promoting good mental health in Cornwall \(pentreath.co.uk\)](#)

[Talking therapies \(IAPT\) | Cornwall Partnership NHS Foundation Trust
\(cornwallft.nhs.uk\)](http://cornwallft.nhs.uk)

[Cornwall, Truro - With You \(wearewithyou.org.uk\)](http://wearewithyou.org.uk)

[Shine Together - Promoting good mental health in Cornwall \(pentreath.co.uk\)](http://pentreath.co.uk)

[Support | Man Down Cornwall | Cornwall \(mandown-cornwall.co.uk\)](http://mandown-cornwall.co.uk)

[\(womenscentrecornwall.org.uk\)](http://womenscentrecornwall.org.uk)

[disAbility Cornwall & Isles of Scilly Homepage](#)

[Cornwall Neighbourhoods for Change \(cn4c.org.uk\)](http://cn4c.org.uk)

[Home | Healthwatch Cornwall](#)